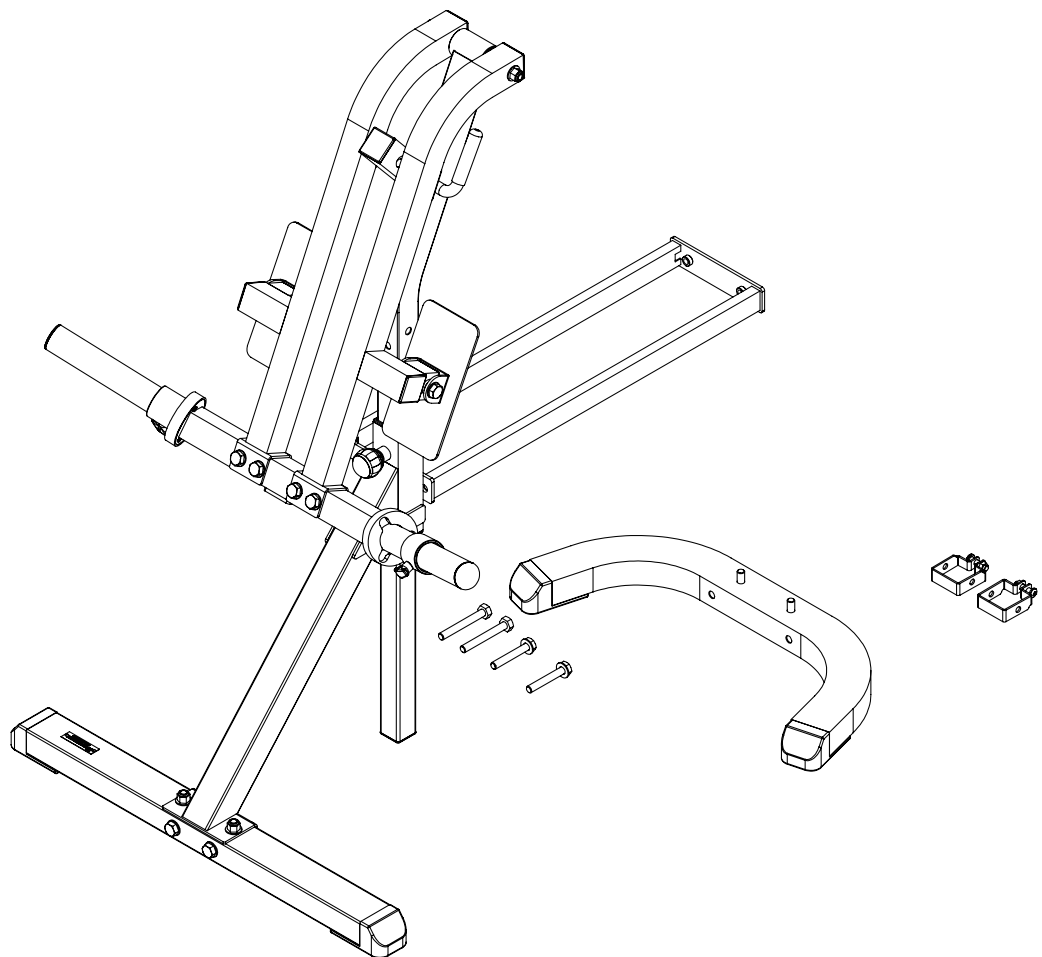




WB-LPA24

Manual



WORKBENCH LEG PRESS ACCESSORY

Thank you for purchasing your new Powertec equipment.

To maximize the use of this Equipment, please take a moment to study, understand and familiarize with the assembly instructions and follow the sequence of steps as provided in the manual.

Because of our products unique features, this manual was created to provide you with information on how to assemble and properly maintain your equipment.

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WB-LPA24 WORKBENCH LEG PRESS ACCESSORY

Weight Capacities

Maximum Load: 400 Lbs.

Featured Exercises

Leg Press Calf Raise

Recommended Accessories

WB-LTA	Lat Tower Accessory	WB-DMA	Dip Machine Accessory
WB-PFA	Pee Fly Accessory	WB-LLA	Leg Lift Accessory
WB-CMA	Curl Machine Accessory	WB-ASR	Accessory Storage Rack

Please be aware WB-LPA24 attachment is not compatible with our Workbench® Olympic Bench 2016-2020

SAFETY INSTRUCTIONS, WARNINGS AND CAUTIONS



It is recommended that users of this equipment receive a thorough medical exam before commencing any exercise program. This is especially important if you have never Exercised and or are over the age of 35, are pregnant or suffer from any health issues.

Read All Warnings and Cautions on this Manual and on the Product
This product should only be used after a thorough review of the Owner's Manual.

Keep children away from the product when in use.

Set up and operate the product on a solid level surface.

Do not set up the product on loose rugs or uneven surfaces.

Make sure adequate space is available to exercise and move around the product.

Inspect product before and after each use, inspect for worn out or loose parts, repair or replace as needed.

This equipment meets industry safety standards for stability when used for the intended exercise. Do not allow straps, resistance bands or other means to be attached to the framework of this equipment to perform stretching or body weight exercises as it can result to equipment instability and lead to serious injuries.

Always choose a workout that best fits your needs, physical strength and flexibility Levels, know your limits and your product limits and train within them.

Always wear proper footwear with nonskid rubber soles such, running, walking or Cross training shoes that fit well and provide support.

Do not exercise bare foot or in socks.

Always use common sense when exercising.



MAINTENANCE



The safety and performance of this product can be maintained only if it is examined regularly for damage and normal wear.

Examine the equipment before each use for damage and wear. Replace damaged and worn components immediately or put the equipment out of use until repaired.

Inspect Daily / Before Each Use!

Inspect system. Make sure it is in good condition and operates smoothly.

If you find damage, **DO NOT USE**. Contact your authorized Powertec dealer or Powertec Customer Service Center for assistance.

Inspect Daily / After Each Use!

Clean system with a clean, dry cloth. Use a mild detergent or spray on upholstery.

Do Not use cleansers containing enzymes.

Inspect Weekly!

Clean your system fully with a clean and ammonia based cleaner.

Touch up any scratches with touch-up paint to prevent rust, if necessary.

Inspect Monthly!

Examine the frame for signs of cracking or permanent bending.

Do not use the equipment if you see this. Contact Powertec Customer Service Immediately.

If you have any questions on the correct use or maintenance of this equipment, call your authorized distributor or Powertec Customer Service at 800-250-6665

Our Customer Service Mission:

“Committed to Stronger Lives”

By providing friendly and understanding service.

Tools Required for Assembly



M6 Allen Wrench



8" Adjustable wrench



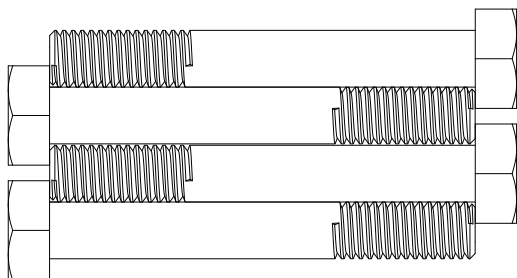
Wrenches
13mm=1/2"
19 mm= 3/4"
21 mm= 13/16"

Helpful Tips

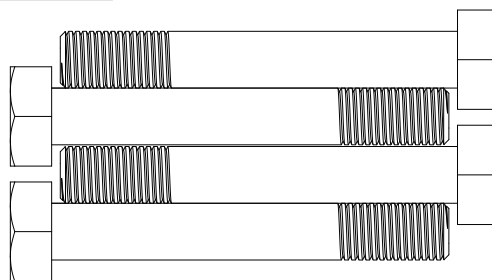
- **Fill out and mail the limited warranty card.** The warranty card is found on the back cover of this guide.
- **Set up the unit on a solid, flat surface.** A smooth, flat surface under the unit helps keep it level.
- **Provide ample space around the machine.** Open space around the machine allows for easier access.
- **Insert all bolts in the same direction.** For aesthetic purposes, insert all the bolts in the same direction unless specified (in text or illustrations) to do otherwise.
- **Leave room for adjustments.** Tighten fasteners (such as bolts, nuts, and screws), so the unit is stable, but leave room for adjustments. **Do not** fully tighten fasteners until instructed (in the steps) to do so.

HARDWARE LIST

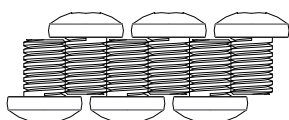
WB-LPA24 HARDWARE PACK(2-1)



No. 19 Hex Bolt 1/2"×3 3/4" (6pcs)



No. 18 Hex Bolt 1/2"×3 1/8" (4pcs)

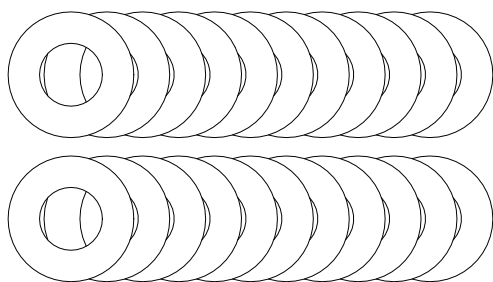


No. 17 Hex Bolt
3/8"×1/2" (6pcs)

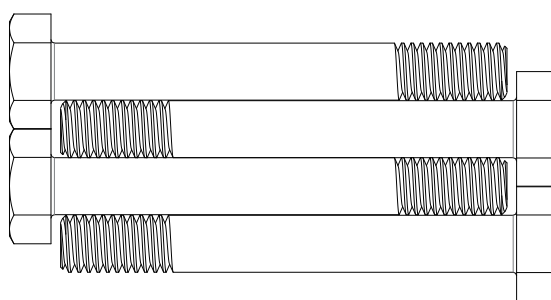


Hex Key S=6 (pcs1)

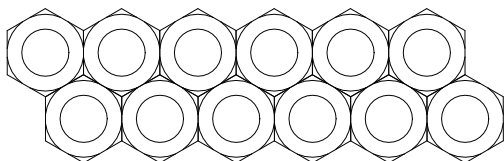
WB-LPA24 HARDWARE PACK(2-2)



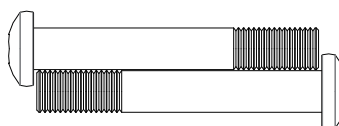
No. 20 Washer, 1/2" (22pcs)



No. 22 Hex Bolt 1/2"×4" (2pcs)



No. 21 Nylon Nut 1/2"10T (12pcs)



No. 16 Hex Bolt 3/8"×2 1/2" (2pcs)

WB-LPA24

WORKBENCH LEG PRESS ACCESSORY

PARTS LIST



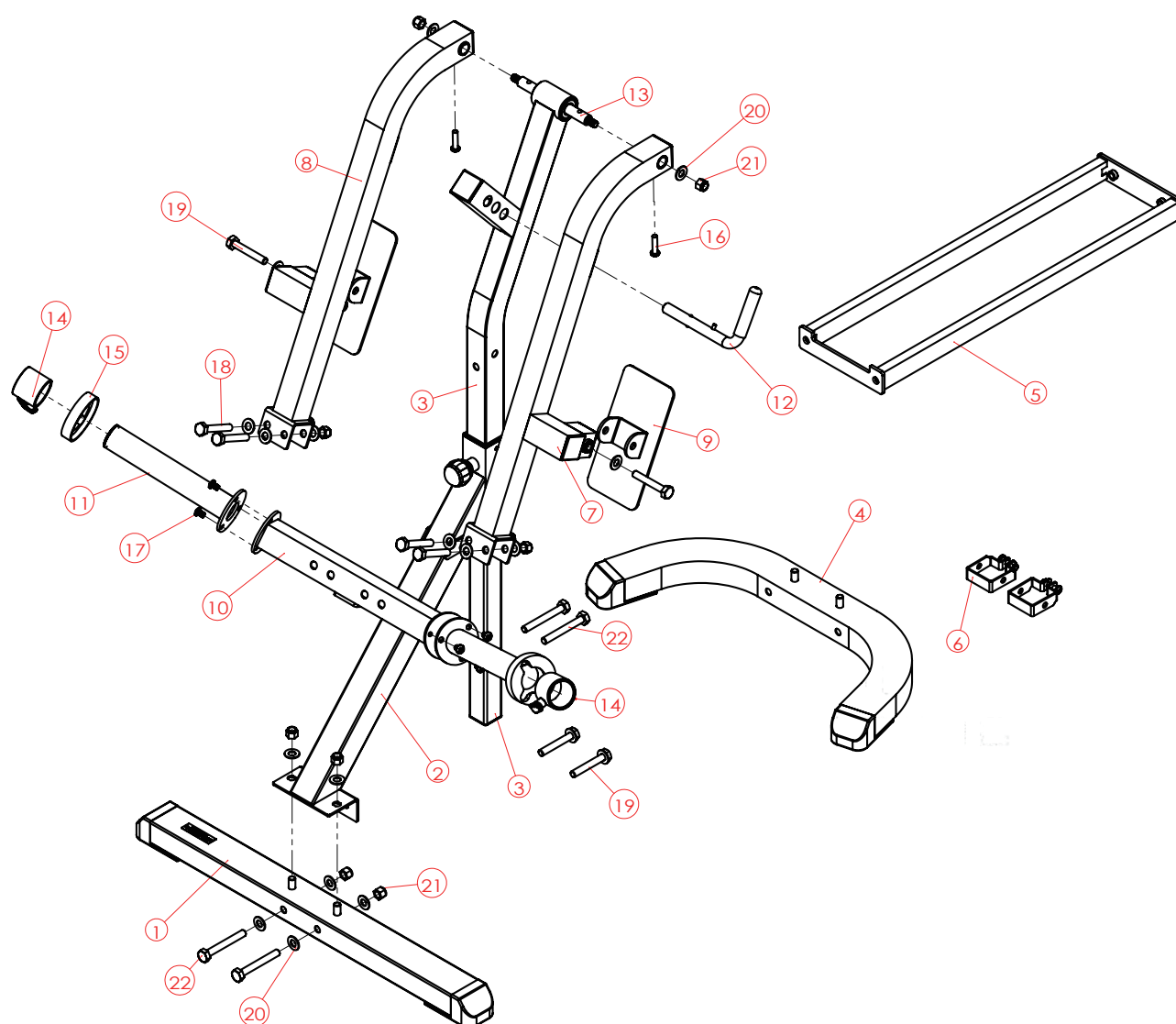
Item	Description	QTY
1	Base Tube Assembly	1
2	Diagonal Support Assembly	1
3	Up-Right Tube Assembly	1
4	Front Floor Stand Assembly	1
5	Intermediate Connecting Frame	1
6	Collar	2
7	Lever Arm-Rotating Tube-Left	1
8	Lever Arm-Rotating Tube-Right	1
9	Footplate	2
10	Load-Bearing tube	1
11	Bar Support Tube Assemblies	2
12	Safety Bar	1
13	Axle Center	1
14	Latch set (with T-twist)	2
15	Rubber Stoppers	2
16	Hex Bolt 3/8" x 1 1/2"	2
17	Hex Bolt 3/8" x 1/2"	6
18	Hex Bolt 1/2" x 3 1/8" S1	4
19	Hex Bolt 1/2" x 3 3/4"	4
20	Washer $\Phi 14 \times \Phi 28 \times 2.0$	22
21	Nut 1/2x16T	12
22	Hex Bolt 1/2" x 4"	4

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WORKBENCH LEG PRESS ACCESSORY

EXPLODED DIAGRAM

POWERTEC®



WB-LPA24

WORKBENCH LEG PRESS ACCESSORY

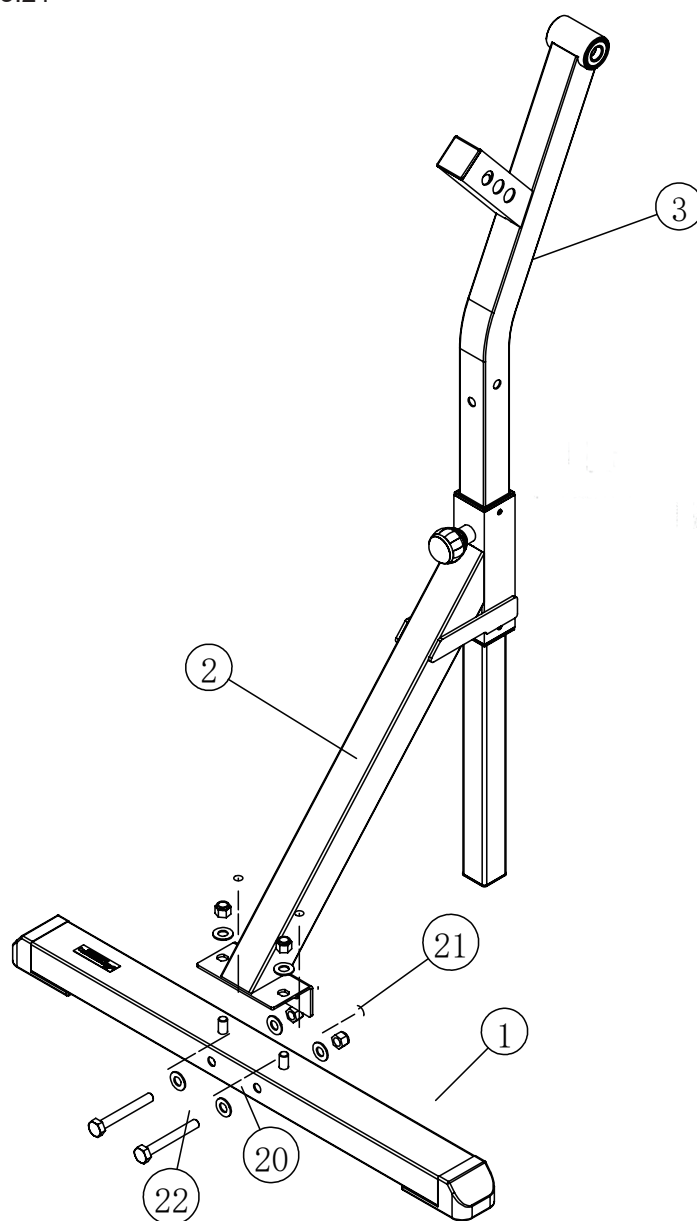
ASSEMBLY TWO

Step 1

1.Install Diagonal Support Assembly No.2 and Up-Right Tube Assembly No.3 together and insert the ball-head pins.

2.Use 2 pieces Hex Bolts No.22, 4 pieces washer No.20, and 2 pieces Nut No.21 to assemble the Base Tube Assembly No.1 and Diagonal Support Assembly No.2 together.

3.Lock the screws on the top of the bottom tube with 2 pieces of Washer No.20 and 2 pieces Nut No.21



WB-LPA24

WORKBENCH LEG PRESS ACCESSORY

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ASSEMBLY TWO

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Step 2

1. Use 2 pieces Nut No.21, 2 pieces of Washers No.20, and 2 pieces of Hex Bolt No.16 to assemble the Lever Arm No.7, the Lever Arm No.8, and the Axle Center No.13 together.

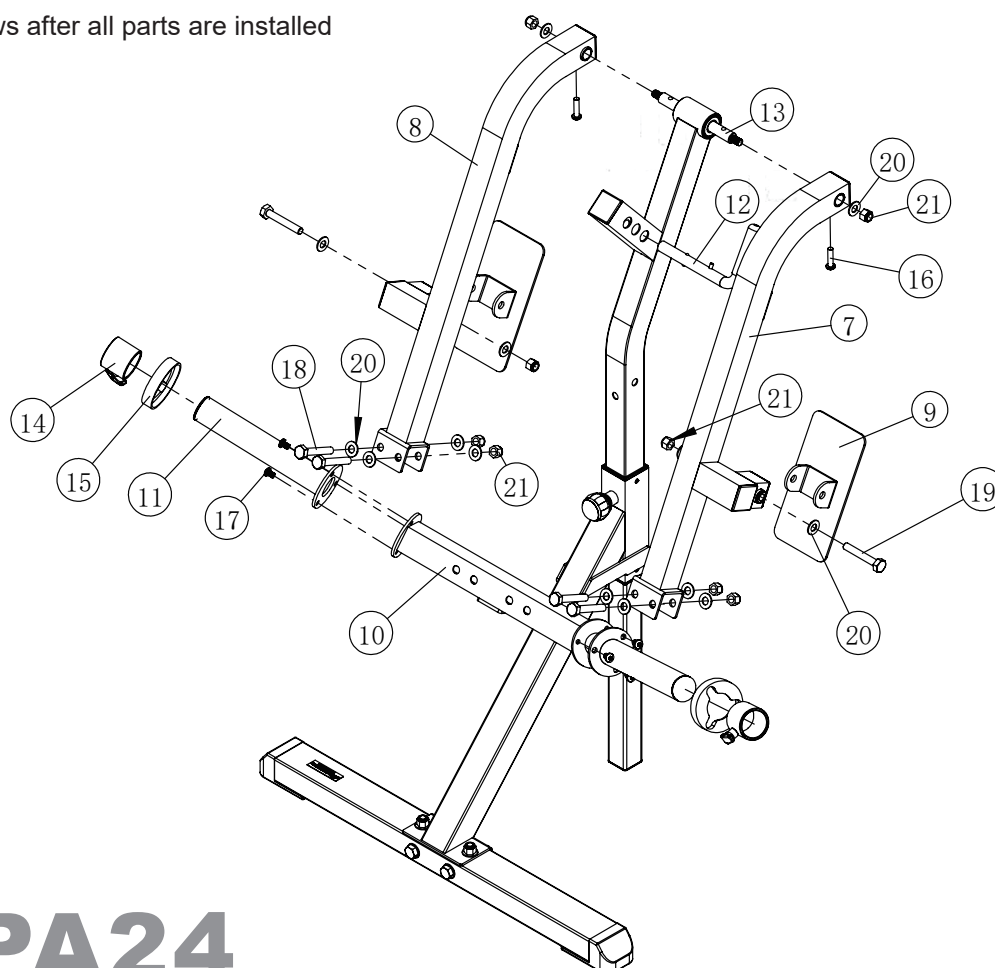
2. Use 4 pieces of Hex bolts No.18, 8 pieces of Washer No.20, 4 pieces of Nut No.21 to assemble the Load-Bearing tube No.10, Lever Arm No.7 and Lever Arm No.8 together.

3. Use 6 pieces of Hex Bolt No.17 to assemble the 2 Bar Support Tube No.11 and Load-bearing Tube Assembly No.10

4. Use 2 pieces of Hex Bolt No.19, 4 pieces of Washer No.20, 2 pieces Nuts No.21 to attach 2 pieces Footplate No.9 to the left side of the Lever Arm No.7 and the right side of the Lever Arm No.8 respectively.

5. Attach 2 Latch set No.14 and 2 Rubber Stoppers No.15 to the Bar Support Tube No.11.

Note: Tighten screws after all parts are installed



WB-LPA24

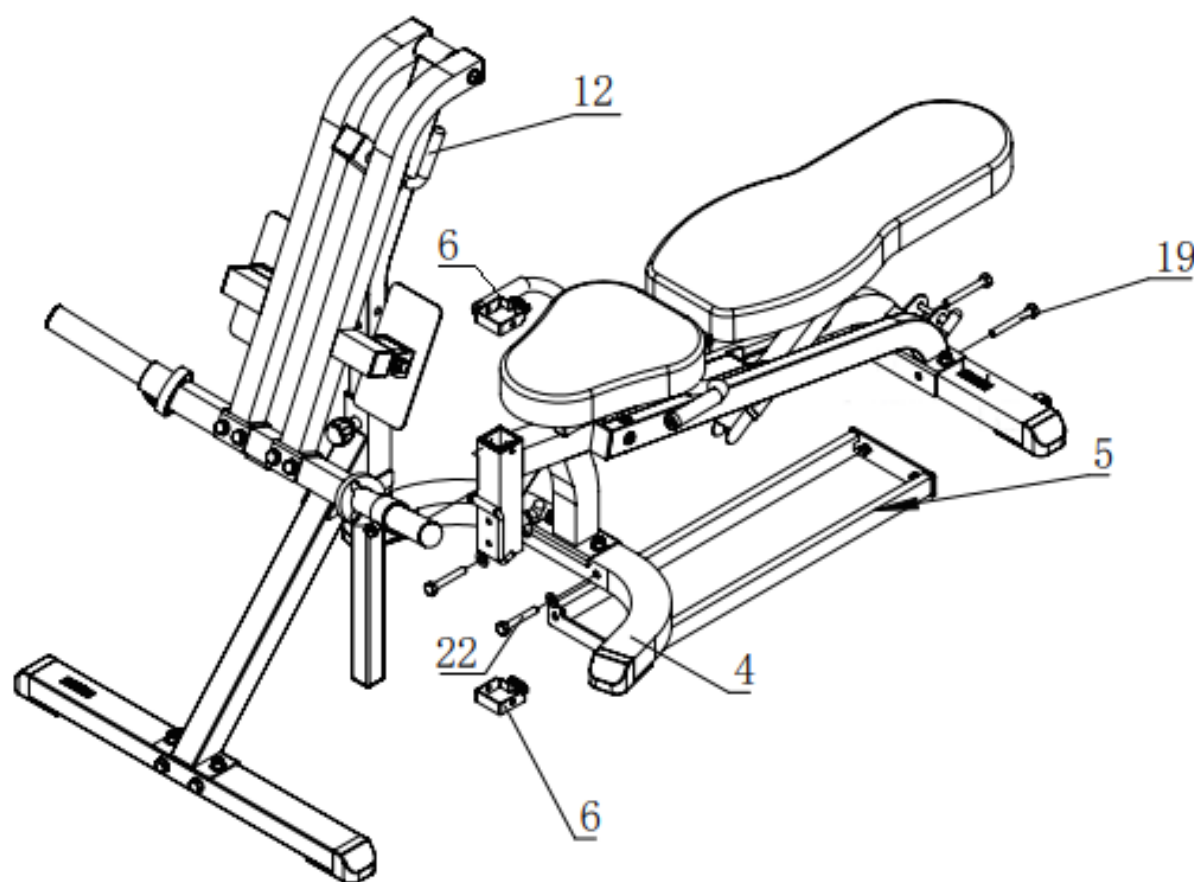
WORKBENCH LEG PRESS ACCESSORY

RETROFIT ASSEMBLY OF WB-LPA24 AND WB-UB

POWERTEC[®]

1. Set WB-LPA24 aside to finish assembling WB-UB with the provided retrofit kit.
2. Install the 2 pieces Collar No.6 to the WB-UB20's accessory rack.
3. Install the Front Floor Stand Assembly No.4 to the WB-UB20, replacing the original Front Floor Stand Assembly.
- 4 Use 2 pieces Hex Bolt No.19, 2 pieces Hex Bolt No.22, and 2 pieces of Washer No.20, attach Intermediate Connecting Frame No.5 to the WB-UB20

Note: Install the Safety Bar No.12 on top of the WB-LPA24 before using.



WB-LPA24

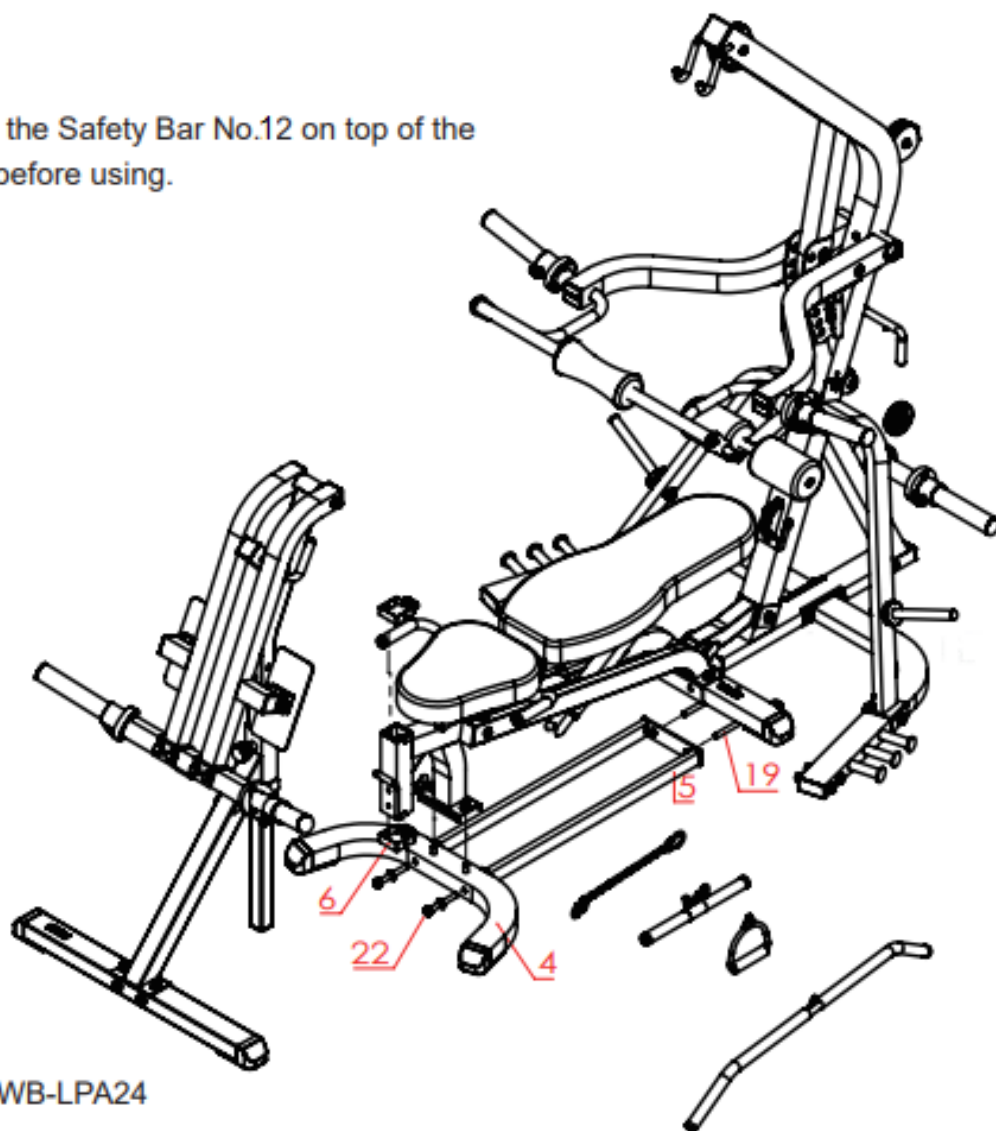
WORKBENCH LEG PRESS ACCESSORY

RETROFIT ASSEMBLY OF WB-LPA24 AND WB-LS

POWERTEC®

1. Set WB-LPA24 aside to finish assembling WB-LS Utility Bench with the provided retrofit kit.
2. Install the 2 pieces Collar No.6 to the WB-UB20's accessory rack.
3. Install the Front Floor Stand Assembly No.4 to the WB-UB20, replacing the original Front Floor Stand Assembly.
- 4 Use 2 pieces Hex Bolt No.19, 2 pieces Hex Bolt No.22, and 2 pieces of Washer No.20, attach Intermediate Connecting Frame No.5 to the WB-UB20

Note: Install the Safety Bar No.12 on top of the WB-LPA24 before using.



WB-LS20+WB-LPA24

WB-LPA24

WORKBENCH LEG PRESS ACCESSORY

RETROFIT ASSEMBLY OF WB-LPA24 AND WB-MP

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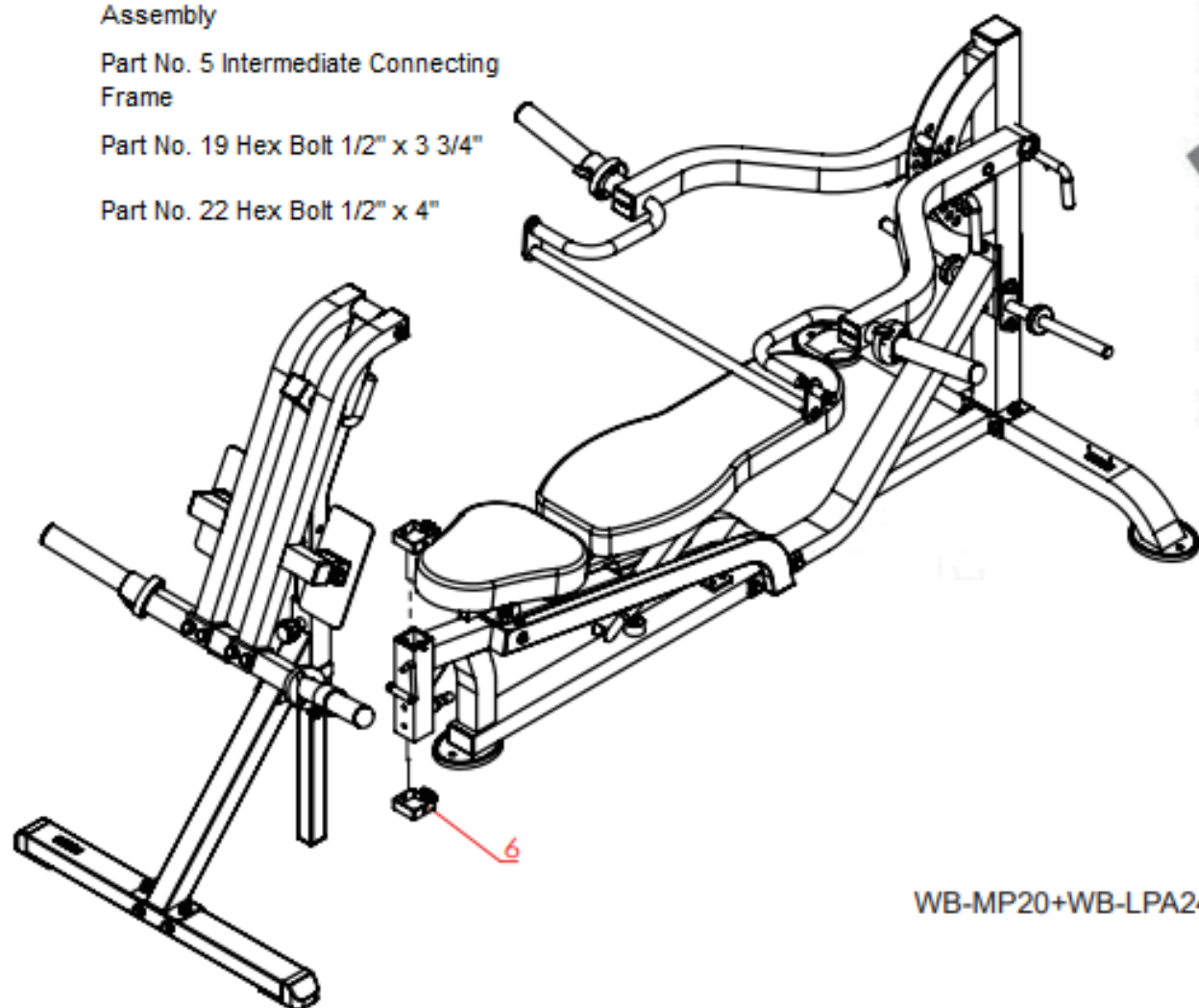
1. Install the 2 pieces Collar No.6 to the WB-MP20's accessory rack.
2. Insert the assembled WB-LPA24 into the WB-MP20's accessory rack.
3. You will have the following parts remaining.

Part No. 4 Front Floor Stand
Assembly

Part No. 5 Intermediate Connecting
Frame

Part No. 19 Hex Bolt 1/2" x 3 3/4"

Part No. 22 Hex Bolt 1/2" x 4"



WB-MP20+WB-LPA24

Note: Install the Safety Bar No.12 on top of the
WB-LPA24 before using.

WB-LPA24

WORKBENCH LEG PRESS ACCESSORY

RETROFIT ASSEMBLY OF WB-LPA24 AND WB-MS

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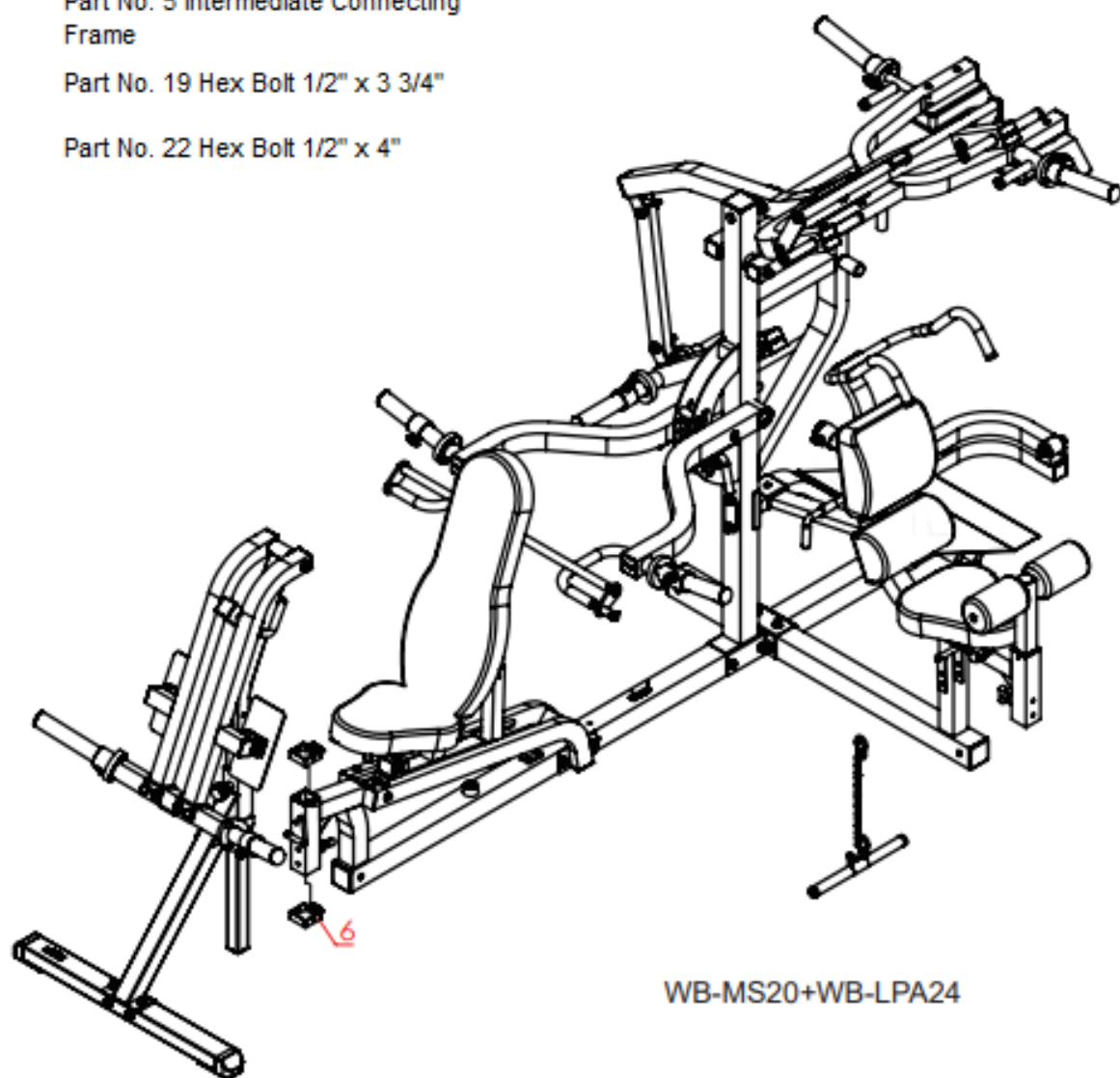
1. Install the 2 pieces Collar No.6 to the WB-MS20's accessory rack.
2. Insert the assembled WB-LPA24 into the WB-MS20's accessory rack.
3. You will have the following parts remaining.

Part No. 4 Front Floor Stand
Assembly

Part No. 5 Intermediate Connecting
Frame

Part No. 19 Hex Bolt 1/2" x 3 3/4"

Part No. 22 Hex Bolt 1/2" x 4"



WB-MS20+WB-LPA24

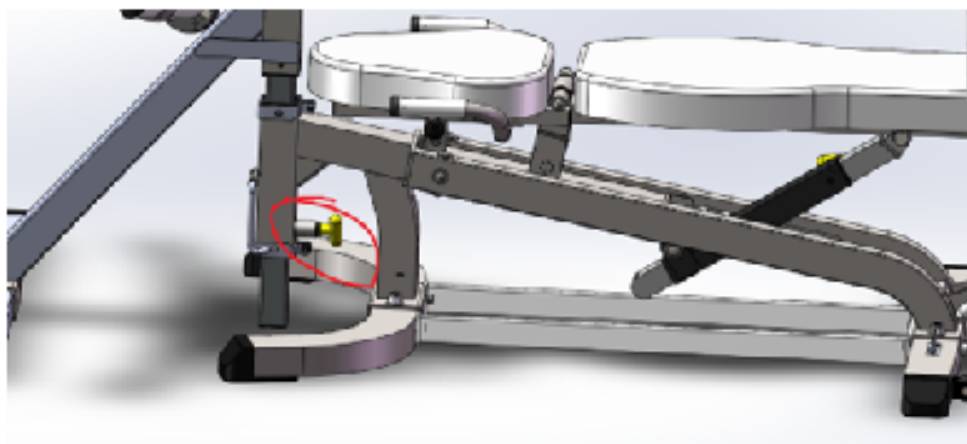
WB-LPA24

WORKBENCH LEG PRESS ACCESSORY

Operating Instructions

 POWERTEC[®]

Do not fasten pin circled below when operating the WB-LPA24 with any of our units. Please see image.



Flooring

Do Not use soft foam tile type of flooring as this does not provide a stable



Use 1/4" to 3/4" rubber flooring for a more stable surface, or leveled flooring would suffice.



WB-LPA24

WORKBENCH LEG PRESS ACCESSORY

POWERTEC IS NOT LIABLE IF THE TRAINER SHOULD INJURE THEMSELVES WHILE
USING POWERTEC EQUIPMENT OR WHILE PERFORMING THE TRAINING ROUTINE



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www.powertecfitness.com

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2 rue d'Aquitaine
68390 Sausheim – France

Phone: +33 (0)6 43 592 803
E-Mail: contact@Powertec-europe.fr

Return Warranty Registration Card to Appropriate Powertec Address:



Place
Stamp
Here



WARRANTY

Serial No.

Thank you for purchasing one of Powertec's products.

Powertec warrants that the Product you have purchased is free from defects in materials and workmanship.

Powertec offers a Lifetime Warranty on Structural Frame.(Excludes Surface Finish).

5 year warranty on Moving Frames (Press Arms and other unspecified moving components).

Two year warranty on Components (Bearings, Locking Pins, Pulleys, Cables, Slide Rods).

One year warranty on Pads, Grips and other unspecified parts.

- All parts are shipped free of charge for first 90 days of date of purchase.
- Warranty is to original purchaser only (excluding dealer). Warranty is not Transferable in the event you sell the product.
- Warranty claims are subject to inspection and are voided if equipment shows Signs of abuse or alterations made other than the ones recommended by Powertec.
- Missing parts must be reported within 30 days from receipt of unit(s).
- Proof of purchase is required; your sales receipt must show date of purchase.
- For more information on the warranty or to obtain warranty service, please contact The appropriate Powertec Customer Service Department in the USA or Europe.

Powertec Inc. USA
6301 Alondra Blvd.,
Paramount, CA 90723- USA

Phone: (800) 250-6665
E-mail: service@powertecfitness.com

Powertec Europe
2 rue d'Aquitaine
68390 Sausheim - France

Phone: + 33(0) 6 43 592 803
E-mail: contact@powertec-europe.fr

Thank you for giving us the opportunity to fulfill your strength and fitness needs.



Customer Warranty Information Sheet

Last Name: _____ First Name: _____

Company: _____

Street Address: _____

City: _____ State: _____ Zip Code: _____

Daytime Telephone No: _____ Alternate Telephone No. _____

E-Mail: _____ Date of Purchase: _____ Purchase Price: _____

Dealer Name and Address: _____

Model Name & Code: _____ Optional: Male / Female: ____ Age: ____ Occupation: _____